

SENIOR SESSION RESOURCE

Senior Portrait *Prep Guide*

Everything parents need to know to make this session stress-free, fun, and exactly right for your senior.

RESERVE YOUR SESSION

VIEW PORTFOLIO

BECAUSE THIS MOMENT ONLY HAPPENS ONCE

Your senior year is a once-in-a-*lifetime* chapter.

Senior year is a whirlwind. One minute they're starting kindergarten, and the next you're helping them plan for graduation. I specialize in creating stress-free, fun, and stunning senior portraits that reflect who your teen actually is — no awkward poses, no forced smiles. This guide walks you through everything you need to know to make the experience as easy and memorable as possible.

THE PROCESS

Seven steps to a *perfect session*

O1

Book Early — The Best Dates Go Fast

Senior portraits are about telling a story. The best way to secure a spot before yearbook deadlines and Minnesota's unpredictable weather get in the way is to book early. Each season offers something different:

Spring & Summer — Vibrant outdoor shoots with golden-hour lighting.

Fall — Crisp air, colorful leaves, and cozy outfit options.

Winter — Unique snow-covered backdrops for a bold, seasonal look.

Think about what fits your senior's personality best. Summer and fall suit warm, natural tones; winter works for a more dramatic look.

Tip: Spots are filling fast — especially fall sessions. The earlier you book, the more flexibility you have on date, time, and location.

O2

What to Wear — Looking and Feeling Their Best

The right outfit makes a real difference in how your senior feels and looks in their photos. Here are a few guidelines:

For Girls

- Soft neutrals, pastels, or jewel tones photograph beautifully
- Flowing dresses, layered outfits, and statement accessories add personality
- Avoid large logos and neon colors — they pull focus from your senior's face

For Guys

- Solid colors, fitted layers, and classic button-downs work great
- Mix it up — one casual look, one dressy
- A well-fitted blazer or stylish sneakers can elevate the whole look

Pro tip: Bring a few extra outfits. Variety in your gallery means more looks that truly showcase your senior's personality.

03

Location — Setting the Scene

The right setting helps tell your senior's story. I work with you to find a backdrop that fits their style and personality. A few favorites in the Twin Cities metro:



Bunker Hills Regional Park

Natural, dreamy outdoor shots — perfect for a relaxed, earthy vibe.



Downtown Anoka

Urban charm and brick textures for seniors who love a city-editorial feel.



Rum River Park

Peaceful riverside views for a timeless, classic portrait.

Have a meaningful location in mind? Let's talk about it — I'm flexible and know the metro well.

04

Hair, Makeup & Confidence

A little preparation goes a long way toward your senior looking and feeling their best on the day of the session.

For Girls: A professional makeup artist can enhance natural beauty while keeping the look fresh and camera-ready. Soft curls or a sleek style completes the look.

For Guys: A fresh haircut — done at least a week before — keeps things polished without the "just-cut" look.

📺 Play their favorite music during the session to keep the energy right.

😊 Encourage them to relax and have fun — the best smiles come from genuine moments.

◆ Remind them: this is their moment. The goal is for them to feel like themselves, just a little more intentional.

05

Posing & Natural Expressions

Many teens worry about feeling awkward in front of the camera. That's normal — and it's also exactly why I guide every step of the session. I use natural poses and prompts designed to bring out real smiles and authentic expressions, not stiff, uncomfortable posture.

No forced "say cheese" moments here. Just authentic images that actually look and feel like your senior.

06

After the Session — Prints & Keepsakes

Your senior's portraits deserve more than a post on social media. These images are a lasting record of a milestone you'll want to look back on for decades. A few popular options:



Wall Art & Canvases

Stunning large-format prints for your home.



Custom Albums

A keepsake filled with their best shots from the session.



Grad Announcements

Personalized cards to share their big moment with family and friends.

07

What Happens After the Session?

After the session, I cull and hand-edit your images and deliver them in a private online gallery within 7 to 10 business days. Everything is full resolution, print-ready, and yours to download, share, or print anywhere.

1

Online Gallery

Private, password-protected access to view and share the images.

2

Ordering Session

Guidance on selecting the perfect prints and products for your home.

3

Delivery

Beautifully edited, full-resolution
images — no watermarks, no
restrictions.

"My only rule is to show people how beautiful they are."

— STEVE LUNDEN

LIMITED SPOTS AVAILABLE

Ready for your *senior session*?

Spring and fall dates fill up fast. Senior portrait season typically books out by midsummer. Reach out early to lock in your date and start planning.

[RESERVE YOUR SESSION](#)

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